

Application Form

Certificate Course in Obesity and Weight Management 2019

Please complete in BLOCK letters

Title* : Prof Dr Mr Ms Gender* : M F

Name : _____ (English) _____ (Chinese)
Surname Given names

Occupation* : Family doctor Physician Dietitian Nurse Pharmacist
Physiotherapist Health Care Professional Medical Researcher Scientific Personnel

Others : _____

Position : _____ Department : _____ Institution/Organization : _____

Correspondence Address : _____

Email : _____ Contact no. : _____ * Please check the box(es)

	Early-bird Fee	Standard Fee
Whole Course	HK\$4,760 <input type="checkbox"/>	HK\$4,830 <input type="checkbox"/>
Symposia		
Both Symposia	HK\$ 690 <input type="checkbox"/>	HK\$ 770 <input type="checkbox"/>
12 JAN 2019 (SAT)	HK\$ 385 <input type="checkbox"/>	HK\$ 425 <input type="checkbox"/>
26 JAN 2019 (SAT)	HK\$ 385 <input type="checkbox"/>	HK\$ 425 <input type="checkbox"/>
Interactive Workshops		
Both Workshops		HK\$4,600 <input type="checkbox"/>
23 FEB 2019 (SAT)		HK\$2,350 <input type="checkbox"/>
9 MAR 2019 (SAT)		HK\$2,350 <input type="checkbox"/>

For enrollment, please fax the completed application form to (852) 2947 8495 or email at cowm@cuhk.edu.hk. The original copy should be mailed with a crossed cheque payable to "The Chinese University of Hong Kong" to the following address:
Hong Kong Institute of Diabetes and Obesity
The Chinese University of Hong Kong
3/F, Lui Che Woo Clinical Sciences Building,
Prince of Wales Hospital, Shatin, New Territories

Notes to Applicants

- To enjoy the early-bird fee, application for the whole course or individual symposia/workshops should be submitted to the Programme Office by mail, fax or email before the deadline.
- Application at standard fee will be accepted one week prior to the commencement of the course/symposium/workshop.
- Payment should be paid by cheque (payable to "The Chinese University of Hong Kong").
- Acceptance of application is subject to availability.
- No refund will be made once being accepted.
- Applicants are expected to attend the symposium/workshop at the place and time specified in the student timetable.
- The Chinese University of Hong Kong as a data user undertakes to comply with the requirements of the Personal Data (Privacy) Ordinance to ensure that personal data kept are accurate, securely kept and used only for the purpose for which they have been collected.

Signature : _____ Date : _____

FOR OFFICE USE ONLY

Application no. : _____ Checked by : _____ Date : _____

Certificate Course in Obesity and Weight Management 2019



Early-bird Application Deadline:
15 December 2018



Application and Enquiries

Enquiry Hotline: (852) 2646 0375
Fax: (852) 2947 8495
Email: cowm@cuhk.edu.hk
www.hkido.cuhk.edu.hk





What can I
learn from
this course

Symposia (2:00pm – 5:15pm)

Overview of epidemiology, pathophysiology, medical hazards and management of obesity emphasizing the application of knowledge relevant to multidisciplinary clinical practice

12 JAN 2019 (SAT) Obesity - from epidemiology to pathophysiology

- Origin of obesity - from brain to gut to ectopic sites
- Obesity as a chronic disease - Greater China perspectives
- Endocrine roles of adipocytes and their relevance to clinical presentation

26 JAN 2019 (SAT) Management of obesity - from theory to practice

- Weight management - past, present and future
- Popular diets for weight management - are these sound diets?
- Role of exercise and behaviour modification

Interactive Workshops (2:00pm – 6:30pm)

Case studies, interactive discussions and multidisciplinary approach are used to demonstrate the principles of diagnostic evaluation and management of obesity and its co-morbidities

23 FEB 2019 (SAT) Managing obesity related co-morbidities

- Clinical assessment of obesity
- Gynecological complications of obesity
- Cardiovascular complications of obesity
- Psychobehavioral treatment of binge eating disorder in obese subjects

9 MAR 2019 (SAT) Managing obesity - a multidisciplinary approach

- Obesity - myths and facts
- Practical dietary strategies for weight management
- Exercise and lifestyle modifications
- Tips for prescribing anti-obesity drugs
- The possible role of surgery

Venue: Seminar Room 1, 2/F, Lui Che Woo Clinical Sciences Building, Prince of Wales Hospital, Shatin, New Territories

Course Director

Dr Alice Kong

Associate Professor, Department of Medicine and Therapeutics and Hong Kong Institute of Diabetes and Obesity, CUHK

Course Co-Directors

Prof Juliana Chan

Director, Hong Kong Institute of Diabetes and Obesity, CUHK
Chair Professor, Department of Medicine and Therapeutics, CUHK

Dr Andrea Luk

Associate Professor, Department of Medicine and Therapeutics and Hong Kong Institute of Diabetes and Obesity, CUHK

Teaching Faculty

- Prof Juliana Chan
- Dr Elaine Cheung
- Dr Erik Fung
- Prof Stanley Hui
- Dr Alice Kong
- Dr Andrea Luk
- Dr Mandy Sea
- Dr Mike Wong
- Dr Simon Wong



Can I get
CME
points?

CME Accreditation from the Following Professional Organizations

- Hong Kong College of Paediatricians – 10 (Cat. E) passive points
- Hong Kong College of Physicians – 6 CME points
- Hong Kong College of Radiologists – 15 (Cat. B) points
- Hong Kong Dietitians Association – 5 core and 5 non-core CDE points
- Hong Kong Physiotherapy Association – 15 CPD points
- The Hong Kong College of Anaesthesiologists – 13 passive CME points
- The Hong Kong College of Pathologists – 15 (Cat. PP) points

*Approved CME points of other professional organizations are updated on our programme website

Exemptions

- Applicants who have obtained the Attendance Certificates of both symposiums of COWM 2017 can apply for the Interactive Workshops direct.
- Students would receive an Attendance Certificate for each completed symposium/workshop. Those who have completed the whole course are entitled to sit for a Multiple Choices Quiz scheduled for 16 March 2019 (Saturday).
- A Completion Certificate will be awarded to students who have passed the Multiple Choices Quiz.
- Holders of the Completion Certificate of this course would be entitled to apply for exemption of Course MEDM5301 for the MSc in Endocrinology, Diabetes and Metabolism, within 3 years from the course completion date.



How
about the
fee?

	Early-bird Fee	Standard Fee
Whole Course	HK\$ 4,760	HK\$ 4,830
Symposia		
Both	HK\$ 690	HK\$ 770
Each	HK\$ 385	HK\$ 425
Interactive Workshops		
Both		HK\$ 4,600
Each		HK\$ 2,350